



**OUR
LADY'S
SCHOOL**
TERENURE



16th September 2022

Dear Parent(s)/Guardians(s)

Please note the following information in relation to the final arrangements for the Transition Year trip to Carlingford.

- We will leave the school at 7:30am on Wednesday 5th October. **Students must arrive at the school by 7am and gather in St. Joseph's Hall.**

- We expect to arrive back at the school at approx. 7pm on Friday, 7th October.

- Contact Details in Carlingford

The address of the Centre is:

Carlingford Adventure Centre
Tholsel Street,
Carlingford,
Co Louth.

Telephone Number:

042 9373100

- **In an emergency** Ms Phelan can be contacted during the trip on **086-8635086**

- What to bring...

- Plenty of tracksuit bottoms/leggings, T-shirts & jumpers (the older the better!)
- PJs, and plenty of socks & underwear
- Swimming togs
- Rain Gear/Jacket – be prepared for cold or wet weather!
- Towels, toiletries, sunscreen, any necessary medication
- Old runners (that can get wet) as well as a pair for dry land activities

- What NOT to bring...

- **Do not bring** designer clothing/footwear...they'll get ruined!
- **Do not bring** more than €20. There will be little opportunity to spend it!
- **Do not bring** any valuable items (jewellery, etc.).

We are looking forward to a very exciting week! I have no doubt the students will participate wholeheartedly in the superb array of activities lined up for them and that they will take the opportunity to challenge themselves, build on friendships and, very importantly, forge new ones.

Should you have any queries regarding the trip, please don't hesitate to contact me.

Yours faithfully,

Lyndsey Phelan
Transition Year Coordinator

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