



Our Lady's School

Founded 1953
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11/10/2018

Dear Parent(s)/Guardian(s)

As an integral part of the Religious Education programme for Fifth Year students, your daughter will be having her retreat in Ovoca Manor, Wicklow, Tuesday 16th October. The Retreat Team offers a day of reflection to students, incorporating mindfulness and affording them an opportunity of becoming more self-aware and conscious of the world around and within them.

Please ensure that your daughter brings a packed lunch as students are not permitted to leave the Retreat Centre for the duration of the retreat. Comfortable clothing is recommended, and a change of clothes is advisable due to participation in outdoor activities.

The retreat begins at 9.30am and will conclude at 2.30p.m. In order to get to Wicklow on time, the bus will leave the school promptly at 8.30am. The bus will arrive back to school approx. 3.40pm

Yours sincerely,

Caitríona Coyne

School Chaplain