



Russborough House

Second Year Trip

6th May

**What to bring:**

1. Hand sanitiser
2. Sun Cream is recommended.
3. Warm Clothing: We recommended that you bring warm clothes or layers of clothes (fleece). You should also bring a change of clothes.
4. Rain Gear: We strongly recommend that you bring a rain jacket, rain bottoms if you can, as the weather can change very quickly!
5. Swimwear: Please bring swimwear for water activities. The students will be provided a wetsuit and buoyancy aid should they wish to get involved in water activities.
6. Towel: Please bring a towel for water activities.
7. Footwear: Runners are the best form of footwear for the Adventure Centre. Please don't bring your brand new pair, as they may get wet and mucky! Sandals/flip flops are not appropriate footwear. You should also bring a spare pair of runners.
8. Plastic Bag: You may have wet clothes, so bring a plastic bag to put them in.
9. Snacks / Packed Lunch
10. Plenty of water.