

Date	Tokyo Time Session Start	Irish Time Session Start	Sport	Event	Name	Round	Venue
23-Jul	09:40	01:40	Rowing	Women's Single Sculls	Sanita Puspure	Heats	Sea Forest Waterway
23-Jul	10:40	02:40	Rowing	Men's Double Sculls	Philip Doyle, Ronan Byrne	Heats	Sea Forest Waterway
23-Jul	20:00	12:00	All	Opening Ceremony			Olympic Stadium
24-Jul	08:30	00:30	Rowing	Women's Single Sculls	Sanita Puspure	repechage	Sea Forest Waterway
24-Jul	09:40	01:40	Rowing	Mens' Double Sculls	Philip Doyle, Ronan Byrne	repechage	Sea Forest Waterway
24-Jul	09:50	01:50	Rowing	Women's Pair	Monika Dukarska , Aileen Crowley	Heats	Sea Forest Waterway
24-Jul	09:56	01:56	Gymnastics	Men's qualification / Pommel	Rhys McClenaghan	Qualification	Ariake Gymnastics Centre
24-Jul	10:15	02:15	Taekwondo	Minus 58Kg	Jack Wooley	Elimination Rounds	Makuhari Messe Hall A
24-Jul	10:50	02:50	Rowing	Women's Lightweight Double Sculls	Aoife Casey, Margaret Cremen	Heats	Sea Forest Waterway
24-Jul	11:00	03:00	Boxing	Women's Featherweight	Michaela Walsh	Round of 32	Kokugikan Arena
24-Jul	11:00	03:00	Cycling	Men's Road Race	Dan Martin	Final	Musashinonomori Park
24-Jul	11:00	03:00	Cycling	Men's Road Race	Nicholas Roche	Final	Musashinonomori Park
24-Jul	11:00	03:00	Cycling	Men's Road Race	Eddie Dunbarr	Final	Musashinonomori Park
24-Jul	11:20	03:20	Rowing	Lightweight Men's Double Sculls	Paul O'Donovan, Fintan McCarthy	Heats	Sea Forest Waterway
24-Jul	11:50	03:50	Rowing	Women's 4	Aifric Keogh, Eimear Lambe, Fional Murtagh, Emily Hegarty	Heats	Sea Forest Waterway

24-Jul	12:03	04:03	Boxing	Men's Feather	Kurt Walker	Round of 32	Kokugikan Arena
24-Jul	13:24	03:00	Boxing	Men's Welterweight	Aidan Walsh	Round of 32	Kokugikan Arena
24-Jul	14:15	06:15	Taekwondo	Minus 58Kg	Jack Wooley	Quarter Final	Makuhari Messe Hall A
24-Jul	16:15	08:15	Taekwondo	Minus 58Kg	Jack Wooley	Semi Final	Makuhari Messe Hall A
24-Jul	17:00	09:00	Equestrian	Dressage Team & Individual	Heike Hostein		Equestrian Park
24-Jul	19:15	11:15	Taekwondo	Minus 58Kg	Jack Wooley	Final	Makuhari Messe Hall A
<b>24-Jul</b>	<b>19:28</b>	<b>11:00</b>	<b>Swimming</b>	<b>Women's 100m Butterfly</b>	<b>Ellen Walshe</b>	<b>Heat</b>	<b>Tokyo Aquatics Centre</b>
24-Jul	20:55	12:55	Swimming	100m Breaststroke	Darragh Greene	Heat	Tokyo Aquatics Centre
24-Jul	21:15	13:15	Hockey	IRL v RSA		Pool Match	Oi Hockey Stadium
25-Jul	09:50	01:50	Rowing	Women's Pair	Monika Dukarska , Aileen Crowley	Reprecharge	Sea Forest Waterway
25-Jul	10:00	02:00	Rowing	Lightweight Men's Double Sculls	Paul O'Donovan, Fintan McCarthy	Reprecharge	Sea Forest Waterway
25-Jul	10:20	02:20	Rowing	Women's Lightweight Double Sculls	Aoife Casey, Margaret Cremen	Reprecharge	Sea Forest Waterway
<b>25-Jul</b>	<b>10:40</b>	<b>02:30</b>	<b>Swimming</b>	<b>Women's 100m Butterfly</b>	<b>Ellen Walshe</b>	<b>Semi Final</b>	<b>Tokyo Aquatics Centre</b>
25-Jul	11:33	03:33	Swimming	100m Breaststroke	Darragh Greene	Semi Final	Tokyo Aquatics Centre
25-Jul	11:55	03:55	Gymnastics	Women's qualification	Megan Ryan	Qualification	Ariake Gymnastics Centre
25-Jul	12:03	04:03	Boxing	Women's Middleweight	Aoife O'Rourke	Round of 32	Kokugikan Arena
25-Jul	12:05	04:05	Sailing	Laser Radial	Annalise Murphy	Fleet Race	Enoshima Yacht Harbour
25-Jul	13:00	05:00	Canoeing	Men's Slalom C1	Liam Jegou	Heat	Kasai Canoe Slalom Centre
25-Jul	13:54	03:00	Boxing	Men's Light Heavyweight	Emmet Brennan	Round of 32	Kokugikan Arena
25-Jul	14:57	06:57	Canoeing	Men's Slalom C1	Liam Jegou	Heat	Kasai Canoe Slalom Centre
25-Jul	17:00	09:00	Equestrian	Dressage Team & Individual	Heike Hostein		Equestrian Park

25-Jul	19:00	11:00	Swimming	100M Breaststroke	Mona McSharry	Heat	Tokyo Aquatics Centre
25-Jul	19:00	11:00	Swimming	Women's 100m Backstroke	Danielle Hill	Heat	Tokyo Aquatics Centre
25-Jul	20:19	12:19	Swimming	100M Backstroke	Shane Ryan	Heat	Tokyo Aquatics Centre
26-Jul	06:30	22:30*	Triathlon	Men's Event	Russell White	Final	Odaiba Marine Park
26-Jul	08:30	00:30	Rowing	Women's Single Sculls	Sanita Puspure	Quarter Final	Sea Forest Waterway
26-Jul	10:00	02:00	Hockey	NED v IRL		Pool Match	Oi Hockey Stadium
<b>26-Jul</b>	<b>10:30</b>	<b>02:30</b>	<b>Swimming</b>	<b>Women's 100m Butterfly</b>	<b>Ellen Walshe</b>	<b>Final</b>	<b>Tokyo Aquatics Centre</b>
26-Jul	10:40	02:40	Rowing	Men's Double Sculls	Philip Doyle, Ronan Byrne	Semi Final	Sea Forest Waterway
26-Jul	10:50	02:50	Swimming	100M Breaststroke	Mona McSharry	Semi Final	Tokyo Aquatics Centre
26-Jul	11:00	03:00	Rowing	Women's 4	Aifric Keogh, Eimear Lambe, Fiona Murtagh, Emily Hegarty	Reprecharge	Sea Forest Waterway
26-Jul	11:00	03:00	Boxing	Men's Flyweight	Brendan Irvine	Round of 32	Kokugikan Arena
26-Jul	11:00	03:00	Rugby 7s	Men's Rugby 7s	Team	IRL V RSA	Tokyo Stadium
26-Jul	11:12	03:12	Swimming	100m Breaststroke	Darragh Greene	Final	Tokyo Aquatics Centre
26-Jul	11:31	03:31	Swimming	100M Backstroke	Shane Ryan	Semi Final	Tokyo Aquatics Centre
26-Jul	11:53	03:53	Swimming	Women's 100m Backstroke	Danielle Hill	Semi Final	Tokyo Aquatics Centre
26-Jul	12:00	04:00	Sailing	Laser Radial	Annalise Murphy	Fleet Race	Enoshima Yacht Harbour
26-Jul	13:39	05:39	Boxing	Women's Featherweight	Michaela Walsh	Round of 16	Kokugikan Arena
26-Jul	14:00	06:00	Canoeing	Men's Slalom C1	Liam Jegou	Semi Final	Kasai Canoe Slalom Centre
26-Jul	15:45	07:45	Canoeing	Men's Slalom C1	Liam Jegou	Final	Kasai Canoe Slalom Centre
26-Jul	18:30		Rugby 7s	Men's Rugby 7s	Team	IRL V USA	Tokyo Stadium
<b>26-Jul</b>	<b>19:00</b>	<b>11:00</b>	<b>Swimming</b>	<b>Women's 200m IM</b>	<b>Ellen Walshe</b>	<b>Heat</b>	<b>Tokyo Aquatics Centre</b>
26-Jul	19:00	11:00	Swimming	200M Butterfly	Brendan Hyland	Heat	Tokyo Aquatics Centre

						Group F Play Nguyen V Niluka Karunaratne	
26-Jul	20:00	<b>12:00</b>	Badminton	Men's Singles	Nhat Nguyen		Musashine Forest Sport Plaza
27-Jul	06:30	<b>22:30*</b>	Triathlon	Women's Event	Carolyn Hayes	Final	Odaiba Marine Park
27-Jul	10:51	<b>02:51</b>	Swimming	100M Backstroke	Shane Ryan	Final	Tokyo Aquatics Centre
27-Jul	10:51	<b>02:51</b>	Swimming	Women's 100m Backstroke	Danielle Hill	Final	Tokyo Aquatics Centre
27-Jul	10:58	<b>02:58</b>	Rowing	Women's Pair	Monika Dukarska , Aileen Crowley	Semi Final	Sea Forest Waterway
27-Jul	11:00		Rugby 7s	Men's Rugby 7s	Team	IRL V KENYA	Tokyo Stadium
27-Jul	11:00	<b>03:00</b>	Boxing	Men's Welterweight	Aidan Walsh	Round of 16	Kokugikan Arena
27-Jul	11:17	<b>03:17</b>	Swimming	100M Breaststroke	Mona McSharry	Final	Tokyo Aquatics Centre
27-Jul	11:18	<b>03:18</b>	Rowing	Lightweight Men's Double Sculls	Paul O'Donovan, Fintan McCarthy	Semi Final	Sea Forest Waterway
27-Jul	11:35	<b>03:35</b>	Swimming	200M Butterfly	Brendan Hyland	Semi Final	Tokyo Aquatics Centre
27-Jul	11:38	<b>03:38</b>	Rowing	Women's Lightweight Double Sculls	Aoife Casey, Margaret Cremen	Semi Final	
<b>27-Jul</b>	<b>11:58</b>	<b>03:58</b>	<b>Swimming</b>	<b>Women's 200m IM</b>	<b>Ellen Walshe</b>	<b>Semi Final</b>	<b>Tokyo Aquatics Centre</b>
27-Jul	12:05	<b>04:05</b>	Sailing	Laser Radial	Annalise Murphy	Fleet Race	Enoshima Yacht Harbour
27-Jul	13:06	<b>05:06</b>	Boxing	Women's Lightweight	Kellie Harrington	Round of 32	Kokugikan Arena
27-Jul	14:50	<b>06:50</b>	Sailing	49er	Robert Dickson, Sean Waddilove	Fleet Race	Enoshima Yacht Harbour
27-Jul	19:50	<b>11:50</b>	Swimming	200m Breaststroke	Darragh Greene	Heat	Tokyo Aquatics Centre
27-Jul	20:17	<b>12:17</b>	Swimming	4 x 200m Freestyle	Relay team	Heat	Tokyo Aquatics Centre
27-Jul	20:37	<b>12:37</b>	Swimming	800m Freestyle	Daniel Wiffen	Heat	Tokyo Aquatics Centre
28-Jul	08:54	<b>00:54</b>	Rowing	Women's 4	Aifric Keogh, Eimear Lambe, Fional Murtagh, Emily Hegarty	Finals	Sea Forest Waterway

28-Jul	09:25	01:25	Shooting	Men's Trap	Derek Burnett	Qualification	Asaka Shooting Range
28-Jul	09:30	01:30	Rowing	Men's Double Sculls	Philip Doyle, Ronan Byrne	Finals	Sea Forest Waterway
28-Jul	10:49	02:49	Swimming	200M Butterfly	Brendan Hyland	Final	Tokyo Aquatics Centre
28-Jul	10:58	02:58	Rowing	Women's Single Sculls	Sanita Puspure	Semi Final	Sea Forest Waterway
28-Jul	11:00	03:00	Boxing	Women's Featherweight	Michaela Walsh	Quarter Final	Kokugikan Arena
28-Jul	11:00	03:00	Judo	Women's -70kg	Megan Fletcher	Elimination Rounds & Quarter	Nippon Budokan
28-Jul	11:00	03:00	Rugby 7s	Men's Rugby 7s	Team	Finals	Tokyo Stadium
28-Jul	11:21	03:21	Swimming	200m Breaststroke	Darragh Greene	Semi Final	Tokyo Aquatics Centre
28-Jul	11:30	03:30	Boxing	Women's Middleweight	Aoife O'Rourke	Round of 16	Kokugikan Arena
<b>28-Jul</b>	<b>11:45</b>	<b>03:45</b>	<b>Swimming</b>	<b>Women's 200m IM</b>	<b>Ellen Walshe</b>	<b>Final</b>	<b>Tokyo Aquatics Centre</b>
28-Jul	12:05	04:05	Sailing	49er	Robert Dickson, Sean Waddilove	Fleet Race	Enoshima Yacht Harbour
28-Jul	12:15	04:15	Hockey	GER V IRL		Pool Match	Oi Hockey Stadium
28-Jul	12:26	02:30	Swimming	Men's 4 x 200m Freestyle	Relay Team	Heat	Tokyo Aquatics Centre
28-Jul	12:36	04:36	Boxing	Men's Feather	Kurt Walker	Round of 16	Kokugikan Arena
28-Jul	13:06	05:06	Boxing	Women's Lightweight	Kellie Harrington	Round of 32	Kokugikan Arena
28-Jul	13:39	03:00	Boxing	Men's Light Heavyweight	Emmet Brennan	Round of 16	Kokugikan Arena
28-Jul	14:00	06:00	Cycling	Men's Time Trial	Nicholas Roche	Final	Fuji International Speedway
28-Jul	17:00	09:00	Judo	Women's -70kg	Megan Fletcher	Repaercharge, Finals	Nippon Budokan
28-Jul	17:30	09:30	Rugby 7s	Men's Rugby 7s	Team	Finals	Tokyo Stadium
28-Jul	17:30	09:30	Equestrian	Dressage Individual	Heike Hostein		Equestrian Park

28-Jul	18:40	<b>10:40</b>	Badminton	Men's Singles	Nhat Nguyen	Group F Play Nguyen V Tzu-Wei WANG	Musashine Forest Sport Plaza
28-Jul	19:52	<b>11:52</b>	Swimming	200M Breaststroke	Mona McSharry	Heat	Tokyo Aquatics Centre
29-Jul	07:30	<b>23:30*</b>	Golf	Men's Stroke Play	Rory McIlroy	Round #1	Kasumigaseki Country Club
29-Jul	07:30	<b>23:30*</b>	Golf	Men's Stroke Play	Shane Lowry	Round #1	Kasumigaseki Country Club
29-Jul	09:30	<b>01:30</b>	Rowing	Women's Pair	Monika Dukarska , Aileen Crowley	Finals	Sea Forest Waterway
29-Jul	09:50	<b>01:50</b>	Rowing	Lightweight Men's Double Sculls	Paul O'Donovan, Fintan McCarthy	Finals	Sea Forest Waterway
29-Jul	09:50	<b>01:50</b>	Shooting	Men's Trap	Derek Burnett	Qualification & Final	Asaka Shooting Range
29-Jul	10:10	<b>02:10</b>	Rowing	Women's Lightweight Double Sculls	Aoife Casey, Margaret Cremen	Finals	Sea Forest Waterway
29-Jul	10:10	<b>02:10</b>	Gymnastics	Women all round	Megan Ryan	Final	Ariake Gymnastics Centre
29-Jul	10:30	<b>02:30</b>	Swimming	800m Freestyle	Daniel Wiffen	Final	Tokyo Aquatics Centre
29-Jul	10:44	<b>02:44</b>	Swimming	200m Breaststroke	Darragh Greene	Final	Tokyo Aquatics Centre
29-Jul	11:00	<b>03:00</b>	Judo	Mens -100Kg	Ben Fletcher	Elimination Rounds & Quarter	
29-Jul	11:54	<b>03:54</b>	Swimming	200M Breaststroke	Mona McSharry	Semi Final	
29-Jul	12:15	<b>04:15</b>	Sailing	Laser Radial	Annalise Murphy	Fleet Race	
29-Jul	17:00	<b>09:00</b>	Badminton	Men's Singles	Nhat Nguyen	Round of 16	
29-Jul	17:00	<b>09:00</b>	Judo	Mens -100Kg	Ben Fletcher	Repaercharge, Finals	
29-Jul	19:50	<b>11:00</b>	Swimming	100M Butterfly	Shane Ryan	Heat	
30-Jul	07:30	<b>23:30*</b>	Golf	Men's Stroke Play	Rory McIlroy	Round #2	
30-Jul	07:30	<b>23:30*</b>	Golf	Men's Stroke Play	Shane Lowry	Round #2	
30-Jul	08:30	<b>00:30</b>	Equestrian	Eventing Dressage Team and Individual	Sam Watson, Sarah Ennis, Cathal Daniels	Session 1	

30-Jul	09:33	<b>01:33</b>	Rowing	Women's Single Sculls	Sanita Puspure	Finals
30-Jul	09:55	<b>01:55</b>	Athletics	Women's 800m	Siofra Cleirigh Buttner	Round 1
30-Jul	09:55	<b>01:55</b>	Athletics	Women's 800m	Nadia Power	Round 1
30-Jul	09:55	<b>01:00</b>	Athletics	Women's 800m	Louise Shanahan	Round 1
30-Jul	10:30	<b>02:30</b>	Swimming	100M Butterfly	Shane Ryan	Semi Final
30-Jul	10:41	<b>02:41</b>	Swimming	200M Breaststroke	Mona McSharry	Final
30-Jul	10:55	<b>02:55</b>	Athletics	Mens 400m Hurdles	Thomas Barr	Round 1
30-Jul	11:00	<b>03:00</b>	Boxing	Women's Lightweight	Kellie Harrington	Round of 16
30-Jul	11:45	<b>03:45</b>	Hockey	IRL v IND		Pool Match
30-Jul	12:05	<b>04:05</b>	Sailing	49er	Robert Dickson, Sean Waddilove	Fleet Race
30-Jul	12:05	<b>04:05</b>	Sailing	Laser Radial	Annalise Murphy	Fleet Race
30-Jul	12:36	<b>03:00</b>	Boxing	Men's Welterweight	Aidan Walsh	Quarter Final
30-Jul	13:06	<b>03:00</b>	Boxing	Men's Light Heavyweight	Emmet Brennan	Quarter Final
30-Jul	17:30	<b>09:30</b>	Equestrian	Eventing Dressage Team and Individual	Sam Watson, Sarah Ennis, Cathal Daniels	Session 2
30-Jul	19:24	<b>11:24</b>	Swimming	Women's 50m Freestyle	Danielle Hill	Heat
30-Jul	20:00	<b>12:00</b>	Athletics	Mixed 4 x 400m Relay	Team	Round 1
31-Jul	07:30	<b>23:30*</b>	Golf	Men's Stroke Play	Rory McIlroy	Round #3
31-Jul	07:30	<b>23:30*</b>	Golf	Men's Stroke Play	Shane Lowry	Round #3
31-Jul	08:30	<b>00:30</b>	Equestrian	Eventing Dressage Team and Individual	Sam Watson, Sarah Ennis, Cathal Daniels	
31-Jul	09:00	<b>01:00</b>	Badminton	Men's Singles	Nhat Nguyen	Quarter Final
31-Jul	09:50	<b>01:50</b>	Athletics	Men's 800m	Mark English	Round 1
31-Jul	10:30	<b>02:30</b>	Swimming	100M Butterfly	Shane Ryan	Final

31-Jul	10:45	<b>10:30</b>	Athletics	Women's 100m Hurdles	Sarah Lavin	Heat
31-Jul	11:00	<b>03:00</b>	Boxing	Men's Flyweight	Brendan Irvine	Round of 16
31-Jul	11:30	<b>03:30</b>	Swimming	Women's 50m Freestyle	Danielle Hill	Semi- Final
31-Jul	12:05	<b>04:05</b>	Sailing	49er	Robert Dickson, Sean Waddilove	Fleet Race
31-Jul	13:06	<b>05:06</b>	Boxing	Women's Middleweight	Aoife O'Rourke	Quarter Final
31-Jul	13:39	<b>05:39</b>	Boxing	Women's Featherweight	Michaela Walsh	Semi final
31-Jul	20:45	<b>12:45</b>	Hockey	IRL v GBR		Pool Match
31-Jul	20:50	<b>12:50</b>	Athletics	Women's 800m	Siofra Cleirigh Buttner	Semi Final
31-Jul	20:50	<b>12:50</b>	Athletics	Women's 800m	Nadia Power	Semi Final
31-Jul	20:50	<b>12:50</b>	Athletics	Women's 800m	Louise Shanahan	Semi Final
31-Jul	21:35	<b>13:35</b>	Athletics	Mixed 4 x 400m Relay	Team	Final
01-Aug	07:30	<b>23:30*</b>	Golf	Men's Stroke Play	Rory McIlroy	Round #4
01-Aug	07:30	<b>23:30*</b>	Golf	Men's Stroke Play	Shane Lowry	Round #4
01-Aug	07:45	<b>23:45*</b>	Equestrian	Eventing Country Team and Individual	Sam Watson, Sarah Ennis, Cathal Daniels	
01-Aug	09:40	<b>01:40</b>	Athletics	Women's 3000m Steeplechase	Michelle Finn	Round 1
01-Aug	09:40	<b>01:10</b>	Athletics	Women's 3000m Steeplechase	Eilish Flanagan	Round 1
01-Aug	10:37	<b>02:37</b>	Swimming	Women's 50m Freestyle	Danielle Hill	Final
01-Aug	11:30	<b>03:30</b>	Boxing	Men's Feather	Kurt Walker	Quarter Final
01-Aug	12:03	<b>03:00</b>	Boxing	Men's Welterweight	Aidan Walsh	Semi final
01-Aug	12:51	<b>03:00</b>	Boxing	Men's Light Heavyweight	Emmet Brennan	Semi final
01-Aug	13:00	<b>05:00</b>	Badminton	Men's Singles	Nhat Nguyen	Semi Final



01-Aug	15:33	<b>07:33</b>	Sailing	Laser Radial	Annalise Murphy	Medal Race
01-Aug	18:44	<b>10:44</b>	Gymnastics	Pommel	Rhys McClenaghan	Final
01-Aug	19:45	<b>10:30</b>	Athletics	Women's 100m Hurdles	Sarah Lavin	Semi Final
01-Aug	20:05	<b>12:05</b>	Athletics	Mens 400m Hurdles	Thomas Barr	Semi Final
01-Aug	20:25	<b>12:25</b>	Athletics	Men's 800m	Mark English	Semi Final
02-Aug	09:30	<b>01:30</b>	Hockey			Quarter Final
02-Aug	09:35	<b>01:35</b>	Athletics	Women's 1500m	Ciara Mageean	Round 1
02-Aug	09:35	<b>01:00</b>	Athletics	Women's 1500m	Sarah Healy	Round 1
02-Aug	10:30	<b>02:30</b>	Athletics	Women's 200m	Phil Healy	Round 1
02-Aug	11:50	<b>10:30</b>	Athletics	Women's 100m Hurdles	Sarah Lavin	Final
02-Aug	15:00	<b>07:00</b>	Diving	Men's 3m springboard	Oliver Dingley	Preliminary
02-Aug	15:33	<b>07:33</b>	Sailing	49er	Robert Dickson, Sean Waddilove	Medal Race
02-Aug	17:00	<b>09:00</b>	Equestrian	Eventing Show Jumping Team and Individual	Sam Watson, Sarah Ennis, Cathal Daniels	
02-Aug	19:25	<b>11:25</b>	Athletics	Women's 200m	Phil Healy	Semi Final
02-Aug	20:00	<b>12:00</b>	Badminton	Men's Singles	Nhat Nguyen	Final
03-Aug	09:27	<b>01:27</b>	Athletics	Mens 1500m	Andrew Coscoran	Round 1
03-Aug	09:45	<b>01:45</b>	Athletics	Women's 400m	Phil Healy	Round 1
03-Aug	10:00	<b>02:00</b>	Diving	Men's 3m springboard	Oliver Dingley	Semi Final
03-Aug	11:00	<b>03:00</b>	Boxing	Men's Flyweight	Brendan Irvine	Quarter Final
03-Aug	11:05	<b>03:05</b>	Athletics	Mens 200m	Marcus Lawler	Round 1
03-Aug	11:05	<b>01:00</b>	Athletics	Mens 200m	Leon Reid	Round 1
03-Aug	11:30	<b>03:30</b>	Boxing	Men's Feather	Kurt Walker	Semi final
03-Aug	12:20	<b>04:20</b>	Athletics	Mens 400m Hurdles	Thomas Barr	Final

03-Aug	12:35	<b>04:35</b>	Boxing	Women's Lightweight	Kellie Harrington	Quarter Final
03-Aug	13:05	<b>05:05</b>	Boxing	Women's Featherweight	Michaela Walsh	Final
03-Aug	15:00	<b>07:00</b>	Diving	Men's 3m springboard	Oliver Dingley	Final
03-Aug	19:00	<b>11:00</b>	Equestrian	Jumping Individual	Bertram Allen, Cian O'Connor, Darragh Kenny	Qualifier
03-Aug	19:05	<b>03:00</b>	Boxing	Men's Welterweight	Aidan Walsh	Final
03-Aug	20:50	<b>12:50</b>	Athletics	Mens 200m	Marcus Lawler	Semi Final
03-Aug	20:50	<b>11:00</b>	Athletics	Mens 200m	Leon Reid	Semi Final
03-Aug	21:25	<b>13:25</b>	Athletics	Women's 800m	Nadia Power	Final
03-Aug	21:25	<b>13:25</b>	Athletics	Women's 800m	Siofra Cleirigh Buttner	Final
03-Aug	21:25	<b>11:00</b>	Athletics	Women's 800m	Louise Shanahan	Final
03-Aug	21:50	<b>13:50</b>	Athletics	Women's 200m	Phil Healy	Final
04-Aug	07:30	<b>23:30*</b>	Golf	Women's Stroke Play	Stephanie Meadow	Round #1
04-Aug	07:30	<b>23:30*</b>	Golf	Women's Stroke Play	Leona Maguire	Round #1
04-Aug	10:30	<b>02:30</b>	Hockey			Semi Final
04-Aug	15:00	<b>07:00</b>	Diving	Women's 10m Platform	Tanya Watson	Preliminary
04-Aug	15:35	<b>03:00</b>	Boxing	Men's Light Heavyweight	Emmet Brennan	Final
04-Aug	19:00	<b>11:00</b>	Athletics	Women's 1500m	Ciara Mageean	Semi Final
04-Aug	19:00	<b>10:30</b>	Athletics	Women's 1500m	Sarah Healy	Semi Final
04-Aug	19:00	<b>11:00</b>	Equestrian	Jumping Individual	Bertram Allen, Cian O'Connor, Darragh Kenny	Final
04-Aug	19:30	<b>11:30</b>	Athletics	Women's 400m	Phil Healy	Semi Final
04-Aug	20:00	<b>12:00</b>	Athletics	Women's 3000m Steeplechase	Michelle Finn	Final

04-Aug	20:00	<b>10:30</b>	Athletics	Women's 3000m Steeplechase	Eilish Flanagan	Final
04-Aug	21:05	<b>13:05</b>	Athletics	Men's 800m	Mark English	Final
04-Aug	21:55	<b>13:55</b>	Athletics	Mens 200m	Marcus Lawler	Final
04-Aug	21:55	<b>10:30</b>	Athletics	Mens 200m	Leon Reid	Final
05-Aug	07:30	<b>23:30*</b>	Golf	Women's Stroke Play	Stephanie Meadow	Round #2
05-Aug	07:30	<b>23:30*</b>	Golf	Women's Stroke Play	Leona Maguire	Round #2
05-Aug	10:00	<b>02:00</b>	Diving	Women's 10m Platform	Tanya Watson	Semi Final
05-Aug	13:00	<b>05:00</b>	Modern Pentathlon	Women's Open	Natalya Coyle	Fencing
05-Aug	14:00	<b>06:00</b>	Boxing	Women's Lightweight	Kellie Harrington	Semi Final
05-Aug	14:30	<b>06:30</b>	Boxing	Men's Flyweight	Brendan Irvine	Semi Final
05-Aug	15:00	<b>07:00</b>	Diving	Women's 10m Platform	Tanya Watson	Final
05-Aug	15:30	<b>07:30</b>	Cycling	Mens' Omnium	Mark Downey, Felix English <b>TBC</b>	Scratch Race
05-Aug	15:35	<b>07:35</b>	Boxing	Men's Feather	Kurt Walker	Final
05-Aug	16:27	<b>08:27</b>	Cycling	Mens' Omnium	Mark Downey, Felix English <b>TBC</b>	Tempo Race
05-Aug	16:30	<b>08:30</b>	Athletics	20Km Walk	David Kenny	Final
05-Aug	17:07	<b>09:07</b>	Cycling	Mens' Omnium	Mark Downey, Felix English <b>TBC</b>	Elimination Race
05-Aug	17:55	<b>09:55</b>	Cycling	Mens' Omnium	Mark Downey, Felix English <b>TBC</b>	Final - Points
05-Aug	20:00	<b>12:00</b>	Athletics	Mens 1500m	Andrew Coscoran	Semi Final
06-Aug	05:30	<b>21:30*</b>	Athletics	50Km Walk	Brendan Boyce	Final
06-Aug	05:30	<b>21:30*</b>	Athletics	50Km Walk	Alex Wight	Final
06-Aug	07:30	<b>23:30*</b>	Golf	Women's Stroke Play	Stephanie Meadow	Round #3
06-Aug	07:30	<b>23:30*</b>	Golf	Women's Stroke Play	Leona Maguire	Round #3

06-Aug	10:30	<b>02:30</b>	Hockey			Bronze Medal Match
06-Aug	14:00	<b>06:00</b>	Boxing	Women's Middleweight	Aoife O'Rourke	Semi final
06-Aug	14:30	<b>06:30</b>	Modern Pentathlon		Natalya Coyle	Swimming
06-Aug	17:15	<b>09:15</b>	Modern Pentathlon		Natalya Coyle	Jumping
06-Aug	17:15	<b>09:15</b>	Cycling	Women's Madison	Emily Kay, Shannon McCUrley	Final
06-Aug	19:00	<b>11:00</b>	Equestrian	Jumping Team	Bertram Allen, Cian O'Connor, Darragh Kenny	Qualifier
06-Aug	19:00	<b>11:00</b>	Hockey			Final
06-Aug	19:30	<b>11:30</b>	Modern Pentathlon		Natalya Coyle	Final - Laser Run
06-Aug	21:35	<b>13:35</b>	Athletics	Women's 400m	Phil Healy	Final
06-Aug	21:50	<b>13:50</b>	Athletics	Women's 1500m	Ciara Mageean	Final
06-Aug	21:50	<b>11:50</b>	Athletics	Women's 1500m	Sarah Healy	Final
07-Aug	07:00	<b>23:00*</b>	Athletics	Women's Marathon	Fionnuala McCormack	Final
07-Aug	07:00	<b>23:00*</b>	Athletics	Women's Marathon	Aoife Cooke	Final
07-Aug	07:30	<b>23:30*</b>	Golf	Women's Stroke Play	Stephanie Meadow	Round #4
07-Aug	07:30	<b>23:30*</b>	Golf	Women's Stroke Play	Leona Maguire	Round #4
07-Aug	14:00	<b>06:00</b>	Boxing	Men's Flyweight	Brendan Irvine	Final
07-Aug	16:55	<b>08:55</b>	Cycling	Men's Madison	Mark Downey, Felix English	Final
07-Aug	19:00	<b>11:00</b>	Equestrian	Jumping Team	Bertram Allen, Cian O'Connor, Darragh Kenny	Final
07-Aug	20:40	<b>12:40</b>	Athletics	Mens 1500m	Andrew Coscoran	Final
08-Aug	07:00	<b>23:00*</b>	Athletics	Men's Marathon	Stephen Scullion	Final

08-Aug	07:00	<b>23:00*</b>	Athletics	Men's Marathon	Paul Pollock	Final
08-Aug	07:00	<b>23:00*</b>	Athletics	Men's Marathon	Kevin Seaward	Final
08-Aug	10:00	<b>02:00</b>	Cycling	Womens Omnium	Emily Kay	Scratch Race
08-Aug	10:45	<b>02:45</b>	Cycling	Womens Omnium	Emily Kay	Tempo Race
08-Aug	11:26	<b>03:26</b>	Cycling	Womens Omnium	Emily Kay	Elimination Race
08-Aug	12:25	<b>04:25</b>	Cycling	Womens Omnium	Emily Kay	Final - Points
08-Aug	14:00	<b>06:00</b>	Boxing	Women's Lightweight	Kellie Harrington	Final
08-Aug	15:15	<b>07:15</b>	Boxing	Women's Middleweight	Aoife O'Rourke	Final
08-Aug	20:00	<b>12:00</b>	All	Closing Ceremony		