



**OUR  
LADY'S  
SCHOOL**  
TERENURE



## Senior Cycle RSE (Relationships & Sexuality Education)

Dear Parent/Guardian,

4th September 2020

We hope your daughter is feeling positive about settling into the new school year and is building supportive relationships with her peers in her year group. As part of your daughter's Religious Education at Senior Cycle, she will partake in a minimum of 6 lessons in Relationships and Sexuality Education. Relationships and Sexuality Education is a required part of the curriculum and the way it is taught in Our Lady's School is informed by our Ethos and Mission Statement.

**Senior Cycle students will partake in at least six classes of RSE in Sept-Oct 2020 covering the following topics:**

### 1. Relationships

- Students will have an enhanced awareness of the qualities they bring to relationships, the qualities they value in others and an appreciation of an important relationship in their lives.

### 2. Sexual Health

- Students will explore issues surrounding Sexual Health, for example, menstruation, conception, contraception, STIs.

### 3. Sexual Identity

- Students will have a clearer understanding of what is meant by sexual orientation, have an increased awareness of the experience of someone who is gay or bisexual, have explored their own attitudes towards sexual orientation.

We are very aware of your role as the student's first educator. We would appreciate your support by talking to your daughter about the Relationships and Sexuality Education programme and helping them with any concerns they may have. Should you have any queries or concerns, please contact the school and we will support you in any way possible.

Kind Regards,

Principal, Ms M. Gorby

RSE Co-ordinator, Ms J. Reilly

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