

| Monday Morning Break | Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Bacon & Egg Baguette (1) €2.80 Porridge (1) (7) €2.00 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Freshly made smoothie €1.50 |
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| Lunch Break | Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Chicken Balls with Rice and Sweet and Sour or Sweet Chilli Sauce €4.50 Tomato and herb pasta (1)(3)(7) €2.30 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 Plain pasta (1) €2.20 |
| Tuesday Morning Break | Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Sausage Baguette (1)(6)(12) €3.00 Porridge (1) (7) €2.00 Pancakes (1) (3) (7) €2.50 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Freshly made smoothie €1.50 |
| Lunch Break | Lasagne with Garlic Bread €4.50 Tomato and herb pasta (1)(3)(7) €2.30 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 Plain pasta (1) €2.20 |
| Wednesday Break | Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Porridge (1) (7) €2.00 Pancakes (1) (3) (7) €2.50 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Soup & Toasties Deal (1)(6)(7) €3.70 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 |

| Thursday | Morning Break | Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Porridge (1) (7) €2.00 Pancakes (1) (3) (7) €2.50 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Freshly made smoothies €1.50 Sausage rolls 80c |
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| | Lunch Break | Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 Mac & Cheese €4.50 Plain pasta (1) €2.20 Tomato and herb pasta (1)(3)(7) €2.30 |
| Friday | Morning Break | Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Porridge (1) (7) €2.00 Pancakes (1) (3) (7) €2.50 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Pitta bread with homemade tomato sauce & cheese €2.50 (1)(7) |
| | Lunch Break | Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Chicken curry with rice & cubed potatoes (1)(9)(10)(12) €4.50 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 Plain pasta (1) €2.20 Tomato & herb pasta (1,3&7) €2.20 |
| Every Day | | Selection of Pasta Pots (1)(3)(5)(7) €2.20 - €2.40 Toasted sandwich & soup of the day deal €3.70 |

Small portions of all specials available for €3.50 Please try to pre-order to avoid disappointment, as there will be a limited amount of dishes cooked daily.

| Allergen List | | |
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| 1) Cereals | 7) Milk | 13) Lupin |
| 2) Crustaceans | 8) Nuts | 14) Molluscs |
| 3) Eggs | 9) Celery | |
| 4) Fish | 10) Mustard | |
| 5) Peanuts | 11) Sesame Seeds | |
| 6) Soybeans | 12) Sulphur Dioxide & Sulphites | |