American poet Raymond Carver battled for decades with alcoholism, depression and illness. In 'Soda Crackers', he writes directly to this unremarkable item of food, and thanks the crackers for being with him on a particularly difficult night of his life. He assures the crackers that his life has taken a joyously positive turn since that night.

This humorous poem encourages us all to reflect on the joyful moments in our lives, no matter how small or silly they may seem.

Soda Crackers

You soda crackers! I remember when I arrived here in the rain. whipped out and alone. How we shared the aloneness and quiet of this house. And the doubt that held me from fingers to toes as I took you out of your cellophane wrapping and ate you, meditatively, at the kitchen table that first night with cheese, and mushroom soup. Now, a month later to the day. an important part of us is still here. I'm fine. And you—I'm proud of you, too. You're even getting remarked on in print! Every soda cracker should be so lucky. We've done all right for ourselves. Listen to me. I never thought I could go on like this about soda crackers. But I tell vou the clear sunshiny days are here, at last.

Raymond Carver