



10th September 2019

Dear Parent(s)/Guardian(s)

Please note the following information in relation to the final arrangements for the Transition Year trip to Carlingford.

- We will leave the school at 07.30 on Wednesday 25th September. **Students must arrive at the school by 07.00 and gather in St. Joseph's Hall.**
- We expect to arrive back at the school at approx. 15:30 on Friday, 27th September.

- Contact Details in Carlingford

The address of the Centre is:

Carlingford Adventure Centre
Tholsel Street,
Carlingford,
Co Louth.

Telephone Number:

042 9373100

- **In an emergency** Ms Phillips can be contacted during the trip at **086-8635086**
- **What to bring...**
 - Plenty of tracksuit bottoms/leggings, T-shirts & jumpers (the older the better!)
 - PJs, and plenty of socks & underwear
 - Swimming togs
 - Raingear/Jacket – be prepared for cold or wet weather!
 - Towels, toiletries, sunscreen, any necessary medication
 - Old runners (that can get wet) as well as a pair for dry land activities
- **What NOT to bring...**
 - ***Do not bring*** designer clothing/footwear...they'll get ruined!
 - ***Do not bring*** more than €20. There will be little opportunity to spend it!
 - ***Do not bring*** any valuable items (jewellery, etc.).

We are looking forward to a very exciting week! I have no doubt the students will participate wholeheartedly in the superb array of activities lined up for them and that they will take the opportunity to challenge themselves, build on friendships and, very importantly, forge new ones. Should you have any final queries, please contact me through the school office.

Yours faithfully,

Sinéad Phillips

Transition Year Coordinator

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