

SHROVE TUESDAY



and fats during Lent.

How will you eat yours today??

- ❑ Shrove Tuesday is the last day before the Christian time of Lent.
- ❑ The tradition of making pancakes began as a way for people to use up many foods such as milk, eggs, butter and sugar before giving them up for Lent.



Shrove Tuesday around the world

- ▣ In Slovenia, Croatia and Sardina, they eat pastries called *Fritoli* and *Zeppole*.



Shrove Tuesday around the world.

- ▣ In Austria, Switzerland and Western Germany, they eat *Funkenküchle*. These are square pastries, and are traditionally eaten around a fire.



Shrove Tuesday around the world

- ▣ Mardi Gras - 'Fat Tuesday'
- ▣ In countries such as Mexico, Mardi Gras/Shrove Tuesday is celebrated with a parade.



And in Denmark....

- On the last Sunday before Lent, Danish bakery windows fill copious amounts of freshly baked buns. The golden buns ooze with an assortment of sweet fillings including whipped cream, strawberry jam and melted milk chocolate. Why you may wonder? That's because it's Fastenlavn – Denmark's version of pancake day!

