Irish poet Brendan Kennelly contemplates the nature of life's constant beginnings and endings. We are always moving from beginnings to endings, transitioning from one stage to another in different areas of our lives. With every beginning, something must end, and after every ending, something new begins.

Kennelly explores the idea that something inside us always drives us ahead, and wants us to keep moving onwards.

As we begin a new school year, it is worth taking a moment to reflect on this opportunity for a clean slate, a new beginning.

Begin

Begin again to the summoning birds to the sight of the light at the window, begin to the roar of morning traffic all along Pembroke Road. Every beginning is a promise born in light and dying in dark determination and exaltation of springtime flowering the way to work. Begin to the pageant of queuing girls the arrogant loneliness of swans in the canal bridges linking the past and future old friends passing though with us still. Begin to the loneliness that cannot end since it perhaps is what makes us begin, begin to wonder at unknown faces at crying birds in the sudden rain at branches stark in the willing sunlight at seagulls foraging for bread at couples sharing a sunny secret alone together while making good. Though we live in a world that dreams of ending that always seems about to give in something that will not acknowledge conclusion insists that we forever begin.

Brendan Kennelly