

Monday	Morning Break	Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Bacon & Egg Baguette (1) €2.80 Porridge (1) (7) €2.00 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Freshly made smoothie €1.50
	Lunch Break	Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Lasagne with Garlic Bread €4.50 Tomato and herb pasta (1)(3)(7) €2.30 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 Plain pasta (1) €2.20
Tuesday	Morning Break	Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Sausage Baguette (1)(6)(12) €3.00 Porridge (1) (7) €2.00 Pancakes (1) (3) (7) €2.50 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Freshly made smoothie €1.50
	Lunch Break	Chicken Arrabbiata €4.50 Tomato and herb pasta (1)(3)(7) €2.30 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 Plain pasta (1) €2.20
Wednesday	Break	Soup of the Day ≤ 1.70 with Homemade Bread/Roll (1) ≤ 2.70 Porridge (1) (7) ≤ 2.00 Pancakes (1) (3) (7) ≤ 2.50 Selection of Toasted Sandwiches (1) (7) (6) ≤ 2.80 Soup & Toasties Deal (1)(6)(7) ≤ 3.70 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) ≤ 3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) ≤ 3.20

Thursday	Morning Break	Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Porridge (1) (7) €2.00 Pancakes (1) (3) (7) €2.50 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Freshly made smoothies €1.50 Sausage rolls 80c
	Lunch Break	Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 Healthy Spice Box €4.50 Plain pasta (1) €2.20 Tomato and herb pasta (1)(3)(7) €2.30
Friday	Morning Break	Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Porridge (1) (7) €2.00 Pancakes (1) (3) (7) €2.50 Selection of Toasted Sandwiches (1) (7) (6) €2.80 Pitta bread with homemade tomato sauce & cheese €2.50 (1)(7)
	Lunch Break	Soup of the Day €1.70 with Homemade Bread/Roll (1) €2.70 Chicken Curry with Rice or Cubed Potatoes €4.50 Chicken Fillet Baguette (1)(3)(4)(6)(7)(9)(11) €3.70 Chicken Fillet Wrap (1)(3)(4)(6)(7)(9)(11) €3.20 Plain pasta (1) €2.20 Tomato & herb pasta (1,3&7) €2.20
Every Day		Selection of Pasta Pots (1)(3)(5)(7) €2.20 - €2.40 Toasted sandwich & soup of the day deal €3.70

Small portions of all specials available for €3.50 Please try to pre-order to avoid disappointment, as there will be a limited amount of dishes cooked daily.

Allergen List				
1) Cereals	7) Milk	13) Lupin		
2) Crustaceans	8) Nuts	14) Molluscs		
3) Eggs	9) Celery			
4) Fish	10) Mustard			
5) Peanuts	11) Sesame Seeds			
6) Soybeans	12) Sulphur Dioxide & Sulphites			